

Expanded Bread & Tofu WIC Approved Items



As of October 15, 2009, we have expanded the WIC approved whole wheat bread and tofu products (if you receive tofu in your food package). Even though they are not on your WIC food list, you can buy them with your WIC checks.

WHOLE WHEAT BREAD PRODUCTS:

- **Grain Basket 14 Grain Harvest Bread (16 oz)**
- **Oroweat Sandwich Thins Multi-Grain (12 oz)**
- **Earl of Sandwich 100% Whole Wheat Bread (16 oz)**

TOFU PRODUCT:

- **Soga All Natural Extra Firm Tofu (15 oz)**

